A Review of Non-Small Cell Lung Cancer Post-Treatment Follow-up Imaging Procedures with PET/CT Scans Versus CT Scans and the Effect on Patient Survival

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Background

- NCCN guidelines do not recommend PET/CT scans in routine follow-up
- Costs vary depending on location
 - In the Washington D.C. region a PET/CT ranges in cost from \$1500 to \$3900. A CT scan ranges from \$500 to \$1300
- PET scans more effective in detecting recurrences
- Unclear if PET scans in follow-up improve patient survival

Objectives

- Primary goal: Determining if the use of PET scans in follow-up affects patient survival compared to CT scan only imaging.
- Secondary goals:
 - Compare and Contrast PET scan and CT scan effects on:
 - Local Control rates
 - Progression Free survival
 - Cancer Specific survival
 - Time to recurrence
 - Evaluate practice differences in ordering surveillance imaging

Challenges

- Learning the medical terminology
- Understanding the anatomy
- First time working through the process
- Currently learning to understand PET and CT scan results

Classroom Experience

- Statistics courses provided the most help
- Utilized knowledge from a variety of courses
 - English
 - Writing
 - Communication
 - Biology/Anatomy

Moving Forward

- Gathering data
- Statistical Analysis
 - Survival Curves
 - Local Control
 - Progression Free Survival
 - Cancer Specific Survival
 - Hazard Ratios

Experience Gained

- Developing the protocol
- Understanding the process of conducting research
- Submitting to a review board
- Discovered an appreciation for research

Any Questions?

Resources

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